

## Fissures

Lipika Talreja

This was in the month of Nov 07 I delivered a baby, with a lot of happiness came along the post-pregnancy problems. soon after 15 days I got to know that I have fissures. There was a lot of pain, took allopathy medicines of 1 mth did not get any relief. then my Sister's Sister-in-law suggested me to try Homeopathy and I recommended me Dr Nehra.

All - Thanks to him, I was in a bad state when I reached his clinic, could not sit, nor stand only "crying". Honestly it was Dr's Confidence, that gave me courage to overcome a lot of pain. From then on, my treatment started, And within 2 1/2 mths I started feeling better that is atleast 60%.

By way of Dr My diet improved, lost a lot of post-pregnancy fat. He also suggested and taught me few yoga exercises. Dr was always available on phone or at any given time. Now it has been four

results of my treatment. and I feel almost 90% better. with the bottom of my heart All thank to Dr Melia. Dr also advise on any other problems, like I am having - hair fall, ~~and~~ something general problems etc.

Every and any patient who is reading this is, very imp to know what is the role of the patient when the Dr treats him or her, one has to very very sincere, listen carefully to what the Dr suggests, following his instructions carefully then "only" can the patient be fine and will recover on time. My self here learnt a lot, when I came to him I did not realise how imp it is to follow his instructions to get alright. But when I started following it, the results were showing. Earlier when Dr told me to report every day - I found it a little funny, what sort of Dr is this. But no Dr is like "Dr Melia". I have visited ~~at~~ so many Dr's and have seen their approach towards the patients. "Incredible"

is not the word for Dr.  
He has the patience to listen  
to the problem's. He asked me  
to report Everyday on the phone  
to him. So It saved me a  
lot of trouble coming all the  
way from "Wadala to Andheri"  
I have never seen such  
a honest, Truthfull, patient  
knowledgeable in good by heart  
Dr.

It is only after my fissure  
getting better that I started  
having faith in Homoeopathy.  
Now, I prefer taking Homoeopathy  
medicines for all problem.  
It does not have any side effects  
~~but~~ whereas Allopathy medicines are  
cured for a short period.  
Homoeopathy gives you relief ~~for~~  
but whenever I am 100% cured  
I will write down again.

Hipika  
8/11/08  
0000